## **Fall Protection Training in Regina**

Unfortunately, there is a large number of workplace injuries related to falling and a lot of fall-related deaths reported each year. Many of these instances could have been avoided by having right measures in place, providing right training and equipping workers right before the chance for injury takes place. The third leading cause of death in the workplace is due to lack of right fall protection. This falls behind automobile accidents and violence in the workplace.

The number one cause of death within the construction industry come from fall-related accidents. There is more possibility for fall accidents depending on the kinds of work being carried out in your workplace. Hence, being familiar with the unique hazards that are present in your work environment and in your work situation could help you address dangerous situations and be ready for them before they happen as well as help you avoid fall injuries and deaths.

It is helpful to encourage a regular training system at your office and encourage other staff to follow the safety measures and take them seriously. Implementing an environment which encourages safety and training at all times can help you and your co-workers avoid predictable accidents.

An implemented regular safety program at work would help to be able to prevent potential injuries, in order to prevent probable safety related lawsuits, and to avoid possible PR problems for your business. Fostering cooperation and respect among your employees and foremen, concerns could be prevented with worker unions. The best reward would be that you would prevent your workers paying with their lives and or serious health situations which may have been avoided if the right measures had been utilized.