

## Regina Forklift Training Program

Regina Forklift Training Program - Forklifts are sometimes referred to as hi los, lift trucks or jitneys. These powered industrial trucks are used widely nowadays. Department stores made use of forklifts to unload products from trailers. Warehouses need them for tiering product. And grocery stores use small models to drop stock in the aisles. Whether loading material at a construction site or transporting lumber at a sawmill, operators of forklifts are required to be correctly trained and licensed. The priority must be on pedestrian and worker safety. This lift truck training course teaches the safety and health regulations governing forklifts to be able to guarantee their efficient and safe operation.

### Forklift Training Program Safety Guidelines:

Forklift training courses are designed to guarantee that the operator is able to control the forklift safely throughout lifting, tilting and traveling. Only qualified operators should drive a forklift.

Safety guidelines while traveling - hands, head, arms, feet and legs must be kept inside the forklift truck throughout traveling. The forks should be tilted back and low to the ground. Observe posted traffic signs. Reduce speed and honk the horn when taking a corner. If the driver's vision is blocked by the load, drive backwards slowly. Pre-check the ground for potential dangers, like wet or oily spots, objects, holes, rough patches, people and vehicles. Avoid stopping immediately.

If pedestrians pass across the vehicle or moves into a blind spot, the forklift should be stopped, the load lowered, waiting until the way is clear. If a load is being transported on an incline, the forks must be pointed downhill without a load and uphill with a load. The forklift should only be turned around when on level ground.

Safety guidelines when steering - Never turn the steering wheel sharply when traveling fast. Turn utilizing the back wheels and support the load by the front wheels. A truck that is overloaded would be hard to steer. Follow load restrictions. Do not add a counterweight as a way to improve steering.

Safety tips while loading - The forklift's recommended load capacities should be adhered to; the information could be found on the data plate. Always make certain that the load is placed according to the suggested load centre. The forklift will remain stable as long as the load is kept close to the front wheels.

The forklift mast should be in an upright position before inserting the fork into a pallet. Prior to inserting the fork, level it.